



**YEARBOOK ANNOUNCEMENT**

The last day to order yearbooks online will be Friday, May 12th

Buy Your Yearbook, before it's too late!!

Please [CLICK HERE to PURCHASE](#) your 2022-2023 yearbook!

Dear GOMS Staff and Families,

Granite Oaks Middle School is proud to honor the Martin Family for all of their contributions to our school and community. Donna Martin and her family have contributed greatly to the success of GOMS over the last couple of years. Donna fearlessly volunteered to become a Granite Oaks Parent Falcon Club member for the second time this school year. At the time, our PFC was in desperate need of parents to step in and take over the leadership roles within our organization. It is extremely difficult to develop relationships with families during the brief two year stay in middle school, not to mention coming out of the COVID 19 years.



Donna not only stepped into becoming a PFC member, but volunteered to take over the communication portion of our organization and has helped us with our day to day duties. Thankfully, Donna has jumped into these roles with both feet and never looked back. For her second time through GOMS, Donna has been extremely helpful in overseeing or helping to run our pledge drives, fundraisers, dances, monthly meetings, PFC finances, and teacher appreciation events.

Recently, Donna has been found cooking pancakes, eggs, and bacon breakfasts for our staff on different staff appreciation days. Our staff truly appreciates Donna rolling up her sleeves and putting in the effort to get their day off with an extraordinary culinary start. Donna has also taken part in past fundraisers and is currently running our GOMS Spirit Nights. The money raised by our PFC has been used to fund clubs, purchase chromebooks for classroom use, and support staff appreciation activities. Donna's hard work with our PFC truly creates a positive difference in making our school one of the best middle schools in Northern California. We are indeed lucky to have Donna working to make our school a wonderful place to learn and grow.

On behalf of the students, faculty and staff at Granite Oaks Middle School, we honor the Martin family for their contribution to our school. Thank you!

All the best,  
Mr. Anaya and Mr. Holmes

*Thank you to our 2022-2023 sponsors!*



## Teachers Who Make A Difference



**Debbie Schuett** is a magnificent educator who always puts the needs of her students first. Debbie's care for students is exhibited in her willingness to take on extra duties such as our ESport club, the GOMS Dance Team, and coding activities for her students. Her leadership in her ESTEM Rubicon Academy and PLC History Team have proved invaluable to her peers and all GOMS students. Debbie's hardwork and dedication has made her a respected teacher on our campus and within RUSD. She is an innovative educator who will overcome any challenges set in her way to ensure that her students are learning. The students, staff, and families of GOMS are lucky to have Ms. Schuett as mentor, educator, and friend.

**Cheryl Gonzalez** is a dynamic physical education teacher who not only helps within our PE PLC Team, but coaches boys and girls volleyball as well. Cheryl provides our students with an engaging and challenging physical education learning environment by developing complex units which encourage our students to utilize both their bodies and minds. Cheryl is an amazing volleyball coach who gives her all to her students' success. Her teams are designed to have students master the sport of volleyball, while having a blast at the same time. We are fortunate to have Ms. Gonzo, a dedicated and caring PE teacher and coach on our campus.



## **END OF YEAR IMPORTANT DATES**

May 9 - 16	CAASPP Testing
May 18 - 19	Drama Club Performance - 7:00 pm - 9:00 pm
May 22 - 26	Library Books, Textbook & Calculator Check Ins
May 29	Memorial Day - NO SCHOOL
May 30	8th Grade Sunsplash Trip, 8:30 am - 4:00 pm
May 31	Talent Show - During School Day <b>8th Grade Promotion Dance, 7:00 pm - 9:00 pm, at The Grounds - Roseville</b>
June 1	MINIMUM DAY - 12:30 pm Dismissal 8th Grade Academy Promotion Activities <u>Session 1:</u> 8:30 am - 9:30 am Talon (Gym) & Discovery (Multipurpose Rm) <u>Session 2:</u> 10:00 am - 11:00 am Sierra (Gym) & Quest (Multipurpose Rm)

### **CJSF Parents: PLEASE READ**

*Dear CJSF Parents: The following email was sent out to your children on Thursday, May 4th. Please email me with any questions.*

*Ms. Willson*

[cwillson@rocklinusd.org](mailto:cwillson@rocklinusd.org)

Dear CJSF Members

Congratulations, you're awesome, and you deserve a party!

Please join us at Strikes Unlimited for an end-of-year celebration. The event details are below, but please keep the following in mind:

- This event is for CJSF 7 and CJSF 8 members only.
- You must provide our own transportation.
- You can pick up a field trip permission form from Ms. Willson in C8.
- Please pay Ms. Willson in room C8. (Details below.) Cash or checks are accepted. (Checks made payable to GOMS CJSF.)
- The drop-dead deadline to purchase tickets is Friday, May 12th.
- Your service-hours forms are due no later than May 12th, and you must have completed your service hours in order to attend this event.
- Chaperones needed
- **PLEASE SHARE THIS INFORMATION WITH YOUR PARENTS.**

### **PARTY DETAILS**

- **Date & Time:** Tuesday, May 16th; 4:30 - 6:00
- **Location:** Strikes Unlimited, 5681 Lonetree Blvd, Rocklin, CA 95765

**Cost:** The cost to attend is \$20 each. This includes 90 minutes of bowling, unlimited drinks, and a slice of pizza.

### **Sports**

A huge congratulations to the Track & Field team for their performance at Finals on Monday. Granite Oaks came in 2nd place overall. A few of the 1st place finishers were Daniel Rivera 8B H.J., Emmett Wardlaw 7B H.J., Camille Pojda 7G H.J., Hannah Clausen 7G L.J. and Ava Olimpiada 8G 100M & H.J.. 2nd place individual finishers were Eva Soto 8G 800M & Mile, Peyton Nolette 7G 800M, Ava Olimpiada 8G L.J., Gianna DeSantis 7G L.J., and Camille Pojda 7G 400M Great job to all that competed!





# GRANITE OAKS

Parent Falcon Club



**May Fundraising** - Wednesday, May 17, 2023 from  
11:00 AM - 09:00 PM

Help support Granite Oaks by dining out with us at our May fundraiser! Save the date!

**Wednesday, May 17, 2023 from 11:00 AM - 09:00 PM**

**Amy's Drive Thru**  
1119 Galleria Boulevard  
Roseville, CA 95678

No flyer needed! Just mention Dine and Donate and Granite Oaks and we will get 20% of your order! If you haven't tried Amy's, NOW is the time to do so! Sooo good!

Visit us on Facebook for more information.

<b>Amy's</b>	<b>DINE &amp; DONATE</b>	<b>FUNDRAISING EVENT INFORMATION</b>
DRIVE THRU		
ORGANIZATION	Granite Oaks Middle School	
DATE	Wednesday May 17th 2023	
TIME	11:00am-9:00pm	
ADDRESS	Amy's Drive Thru, 1119 Galleria Blvd, Roseville, CA 95678	
PHONE	(916) 957-5868	
<small>Amy's Drive Thru donates 20% of all sales generated by your family and friends' participation during this event to your organization!</small>		
<small>Please mention the DINE &amp; DONATE to allocate your purchase to your organization or use the code <b>DINEANDDONATE</b> when you order online at amysdrivethru.com</small>		

## 8th Grade Promotion Dance



Dear Granite Oaks Families -

The Granite Oaks ASB club is hosting the 8th Grade Promotion Dance on May 31st. We are trying to make this event extra special because these students missed many milestones these past few years. In order to make this event extra special, we need your help! Please see the attached sign up for ways you can contribute to making our 8th Graders feel extra special as they move on to their next adventure.

To make donating and transporting items easier, we are asking for gift cards and paypal donations. All monies donated will be used to purchase food and supplies for the event.

**If donating through Paypal or Venmo - please mark your donation as "8th Grade Promotion Dance"**  
<https://www.signupgenius.com/go/8050B4CA4AC28AA8-8thgrade>

- Please have gift cards turned into the Office by Friday, May 19th.

Thank you,  
8th Grade Promotion Dance Committee

**The Granite Oaks Middle School Drama Club Proudly Presents:**



The inspiring 60-minute musical, designed for middle school-aged performers, is based on the 1992 Disney film *Newsies* and the 2012 Broadway production of the same name. It's time to carry the banner with **Disney's Newsies JR.**! You'll be doing flips for the rousing tale of Jack Kelly, a charismatic newsboy and leader of a band of young newsies in Manhattan. When titans of publishing raise distribution prices at the newsies' expense, Jack rallies young workers from across the city to strike against the unfair conditions and fight for what's right! Adapted especially for young performers, this musical features a Tony Award®-winning score by Alan Menken and Jack Feldman and a book by Tony Award®-winner Harvey Fierstein, and includes rousing songs like "Carrying the Banner," "Seize the Day," and "King of New York." **Newsies JR.** is packed with non-stop thrills and a timeless message perfect for the whole family and every audience.

**When: Thursday May 18th & Friday May 19th**

**Time: 7PM**

**Where: Granite Oaks Middle School**

**2600 Wyckford Blvd. Rocklin, CA 95765**

**Multi-purpose room/stage**

**Cost: Adults: \$5, teens: \$3, Children under 11 free\***

**\*No pre-sale. Purchase at the door. Cash or check only. Doors open at 6:30PM.**

**Disney's Newsies JR.** is presented through special arrangement with and all materials are provided by Music Theatre International. For more information about licensing **Newsies JR.** or other Disney shows, please visit [www.DisneyMusicals.com](http://www.DisneyMusicals.com).

## Counselor Corner - May 2023

### Take A Checkup From The Neck Up!



May 1st marks the beginning of “**Mental Health Awareness Month**”. Mental health refers to our emotional and social well-being and impacts how we think. It plays a role in connecting with others, making decisions, handling stress and many other aspects of day to day life. Everyone has mental health, and it deserves your attention just as much as your physical health does. Throughout the month of May, GOMS will hold various activities that will focus on:

- Tips on how to achieve mental health well-being
- How to create a supportive community where everyone can reach out for help
- Tools and resources around mental health awareness
- Self care and coping strategies

To kick off Mental Health Awareness Month, let’s all take part in the Granite Oaks MS “**31 Day Wellness Challenge**” as students and staff challenge themselves each day this May to make small changes - both physically and mentally to create gains for our overall health and well being.

  <b>31 Day Wellness Challenge</b>  						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Set an achievable goal and work on it today	<b>2</b> Write 3 things that you are grateful for today	<b>3</b> Focus on the positives today. List 5 positive thoughts.	<b>4</b> Talk with a funny friend and laugh today!	<b>5</b> Wear green to support Mental Health Awareness Month today	<b>6</b> Spend some time with a pet or animal today (or watch videos of animals)
<b>7</b> Perform a random act of kindness for someone today	<b>8</b> Make a playlist of your favorite upbeat songs and sing out loud today	<b>9</b> Meditate and quiet your mind for 20 minutes today	<b>10</b> Smile more today. Make a point to smile to at least 5 people today	<b>11</b> Send a thank you note to someone special today	<b>12</b> Wear green to support Mental Health Awareness Month today	<b>13</b> Watch a video or movie that makes you laugh out loud today
<b>14</b> Go for a mindful walk in nature today	<b>15</b> Try something new today (go outside of your comfort zone)	<b>16</b> Journal: write down a problem that has been bothering you	<b>17</b> Spend time reading a good book today	<b>18</b> Drink more water and eat a healthy snack today	<b>19</b> Wear green to support Mental Health Awareness Month today	<b>20</b> Take a social media device break for the day today and focus on life around you
<b>21</b> Exercise for 20 minutes today	<b>22</b> Practice taking deep cleansing breaths today	<b>23</b> Reach out to an old friend you haven't talked to in awhile	<b>24</b> Go easier on yourself today	<b>25</b> Put on nature sounds and relax today	<b>26</b> Wear green to support Mental Health Awareness Month today	<b>27</b> Dance around while you clean your room or help around the house today
<b>28</b> Spend some QUALITY family time today	<b>29</b> Practice positive self talk today. Pick an affirmation and repeat it to yourself throughout the day.	<b>30</b> Do something you are good at today	<b>31</b> Pick your favorite prompt from the whole challenge and do it again today			

Linda Marcarian  
8th Grade School Counselor  
[lmarcarian@rocklinusd.org](mailto:lmarcarian@rocklinusd.org)

Tressa Lindsey  
7th Grade School Counselor  
[tlindseyanderson@rocklinusd.org](mailto:tlindseyanderson@rocklinusd.org)

# Want to be a WEB Leader?



<https://forms.gle/fU7azoXNn78naVyc6>

- Be a leader at WEB Day
- Help welcome all new students
- Be the friendly face of GOMS!
- APPLY BY FRIDAY MAY 12

Must be available for WEB Training and  
WEB Day - August 7th and 9th

# Congratulations!

Someone sees a LEADER in you!

## Apply Today to be a WEB Leader!



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# Want to be an ASB Leader?



<https://forms.gle/kDxmAhsuRSMDMwaCA>

- Help plan dances & rallies
- Plan & run lunchtime activities
- Raise money for our school & others
- Promote Falcon Spirit!
- APPLY BY FRIDAY MAY 12

Must be able to attend in-person meetings the  
first Wednesday of each month from 2:45 - 3:30  
& serve at lunches and after school as needed

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